



**BUCKETS  
OF HOPE**

# BUCKETS OF HOPE

**An Opportunity to Provide  
Hands-on-Help to Haitians**

### **The Bucket:**

The 5-gallon, **white**, plastic bucket with handle, which must be new and unused, can be purchased at Wal-Mart (sku# 09826250640). The bucket should not have any logo or other commercial imprint. The purchased bucket must include a tight fitting lid.

### **The Food Items:**

The commercially pre-packaged food items can be generic, store brand items. Once the food supplies are used, Haitian families will find many everyday uses for the bucket. **Please do not substitute any item listed and do not add any additional items inside the bucket.**

- 2 – 5-pound bags long grain enriched rice
- 1 – 48-ounce plastic bottle cooking oil
- 2 – 2-pound bags dry black beans (can substitute with red beans)
- 1 – 5-pound bag of all-purpose flour (not self-rising)
- 1 – 20-ounce cylinder container of granulated white sugar (coffee service size)
- 2 – 1 pound boxes spaghetti noodles
- 1 – 40-ounce plastic jar of smooth peanut butter
- 1 – 2 gallon plastic ziplock storage bag (used to wrap the bottle of cooking oil)

### **Packing Instructions:**

(Video instructions on packing the bucket are available for viewing and download at [www.NAMB.net/BucketsofHope](http://www.NAMB.net/BucketsofHope))

1. Before you begin to pack the bucket, pray for the Haitian family that will receive the food.
2. Lay the bucket on its side.
3. Place rice packages in the bucket. Lay bags side-by-side, flat, running in the direction from top to bottom in the bucket. Gently compress the bags (without breaking them) as flat as possible to create room for other items.
4. Place the bottle of oil inside a clean, unused 2 gallon storage bag, compress the air out, wrap the excess portion of the bag tightly around the bottle, and close. (This is a precaution to protect the foodstuffs should there be leakage or a break in the bottle during transport.)
5. Lay the bottle of oil on top of the rice bags. Lay the wrapped oil container so that the bottom of the bottle is at the bottom of the bucket and is approximately in the center of the bucket.



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## Packing Instructions (Continued):

6. Place the peanut butter jar on one side of the oil.
7. Place the cylinder of sugar on top of the wrapped oil bottle.
8. Place boxes of spaghetti noodles on the other side of the oil bottle.



9. While holding the sugar and peanut butter containers in place, stand bucket upright.
10. Place one bag of black beans down along the inside of the bucket next to the peanut butter.
11. Place bag of flour on its side on top of the peanut butter, gently packing down the flour bag to clear the rim of the bucket.



12. Place second bag of black beans next to the flour.
13. Close the lid on the bucket and make sure it is securely closed.
14. Place \$10 cash (bills only) into a business size (#10) or smaller envelope. Seal the envelope. Securely tape the envelope to the lid of the bucket.



15. Return your filled "Bucket of Hope" to the OnePlace station in the foyer on the weekend of March 13<sup>th</sup> -14<sup>th</sup>.

For more information contact [mission@sagebrush.cc](mailto:mission@sagebrush.cc)

[www.namb.net/BUCKETSofHOPE](http://www.namb.net/BUCKETSofHOPE)